

## **EMPLOYEE ASSISTANCE PROGRAM**

The Employee Assistance Program (EAP) provides free, confidential professional assistance to help employees and their families resolve problems which may affect their personal and professional lives. At the EAP we work with employees in a confidential manner to improve an employee's quality of life. When problems become too big to handle, professional assistance might be helpful. Our mission is to help individuals work through personal issues and succeed as employees.

Confidential counseling of problems includes, but is not limited to:

- ❖ Financial issues
- ❖ Legal worries
- ❖ Emotional concerns
- ❖ Drug/Alcohol abuse
- ❖ Domestic abuse



EAP is not designed to provide ongoing counseling or treatment to services. It will provide the initial assessment and motivational counseling and will determine the best course of action to resolve the problem. If further assistance is necessary, EAP will recommend a suitable referral source. Consultation and follow-up will be available as needed for 3 to 12 months.



Counselors at our EAP have received training to work with individuals in a therapeutic setting. All counselors are state licensed, Master's level therapists. All EAP counselors are committed to upholding the National Association of Social Work Code of Ethics. Additionally, all counselor records are kept confidential and do not become part of the employee's personnel file.

## **CONTACT INFORMATION**

Phone Number: 593-1711

Address: 4514 S. 67<sup>th</sup> Street  
(East side of building)  
Omaha, NE 68117

***Appointments must be  
SCHEDULED***