

JULY WELLNESS COMMITTEE MEETING

July 20, 2010

Room 903

AGENDA

***** 1:30 P.M.*****

1. Summer Health Challenge
 Winner for June - Marguerite Ryan/Dietary
2. Health Assessment Survey results – Allision/UHC
3. Lunch & Learn for July, August and September (ideas)
 Yoga – Brent Bloom
4. Weight Watchers at Lunch initial informational meeting July 22nd
5. Corporate Cup Run
 T-Shirt Design Contest
6. Biggest Loser Casting Call
7. Wellness Bulletin Boards – Health Center, Youth Center, Corrections
8. Update of the Health Center, Corrections, Sheriff Wellness subcommittee
9. Other Business
10. Adjournment – Next regular meeting August 17, 2010 @ 1:30p Room 903