



“Building healthier lives for Douglas County employees by empowering lifestyle change through education and support.”

**MINUTES OF THE DOUGLAS COUNTY EMPLOYEES’ WELLNESS COMMITTEE
April 16, 2013 MEETING**

Members present:

Kathy Goodman	Jan Johnson	Jane Faust	Suzette Moorman
Phil Rooney	Dennis Rookstool	Jane Alexander	Kevin Conlon

Absent Members:

Wade Stephens	Dan Archie	Diane Battiato	Lee Lazure
Connie Lehman	Jennifer Beisheim	Mary Ann Borgeson	Mike Boyle
Debbie Otwell			

Non-Members:

Lisa Shoup

The meeting was called to order at 1:30p.

The committee was updated on the “100 Miles in 100 Days” Challenge

Kathy informed the committee on the new YOGA after work class now being offered on Wednesdays for 5p - 6p at the mid town campus.

The committee was updated on the RFP process for a wellness vendor for 2014. AON, the County’s benefit consultant will be working with Kathy and Administration to prepare the details on the RFP.

There was discussion on the 2013 Corporate Cup Run/Walk on September 15th. There will also be a T-Shirt Design Contest beginning July 1st through August 1st. Connie Lehman will put together the flyer with all the details and rules of the contest. It was decided to award the winner of the contest with a \$50 Visa gift card, a T-Shirt with the winning design and the fee paid for the enrollment to the CCR. Dennis Rookstool suggested the wellness budget pay for the first 50 enrollees to the CCR as an incentive to get more participation which the committee all agreed. He also suggested the next challenge be focused around the CCR – “The Road to the Corporate Cup Run”. He will bring more details to the next committee meeting.

There was discussion regarding prize/gift type items to utilize the remaining funds available for the 2012/2013 budget year. It was suggested that items for the health fair be purchased ahead such as the Subway gift cards. It was also suggested purchasing big gift type items if funds available

No Other business, the meeting was adjourned with the next meeting July 16th.