

Douglas County Healthy Directions Wellness Contest

July 20th – August 31st



Beginning July 20th – August 31st for every two other employees you get to register on the Viverae Wellness website you will earn lunch on Healthy Directions as well as the employee who registers (\$10.00 Subway Gift Card). Submit registration names to Kathy Adair to verify the new registration at 444-6099 or kathy.adair@douglascounty-ne.gov. Help your coworker get healthier and earn points toward the \$150 Visa Incentive Gift Card. All Douglas County employees and their spouses covered under the United Healthcare medical plan are eligible to participate.

How to Register: Go to www.myviverae.com Click New User Registration - Enter last name and date of birth (DOB) - Enter your identifier: Employee ID number - Enter the registration code: douglascounty - Create a user and password and select a security question and answer and the Save. You can now get started earning the required annual points toward the \$150 Visa Incentive Gift Card.

But Wait! There's More!
The top five employees who earn the most Viverae wellness points over the required 200 by December 1st will earn an additional **\$75 Visa gift card** as a bonus!



For questions or contest rules, please contact Kathy Adair at kathy.adair@douglascounty-ne.gov