

FEBRUARY WELLNESS COMMITTEE MEETING

February 15, 2013

HR Conference Room

AGENDA

**\*\*\* 1:30 P.M.\*\*\***

1. 2012 Health Assessment Survey & Bio Metric Screening update
2. NACO Conference – February 7th
3. New Yoga Class @ Midtown
4. 2013 Challenge Ideas and/or plans
5. Update of the Health Center, Corrections, Sheriff and Youth Center Wellness subcommittee
6. Other Business
7. Adjournment – Next regular meeting April 16, 2013 @ 1:30p Room 903